

TATHRA MOUNTAIN BIKE FESTIVAL

June 12-13th 2021, Tathra, NSW.

Competitor Briefing and Conditions of Entry

Tathra Mountain Bike Club promotes this event as a smoke free event.

Acknowledgments

This event is being held on the lands of the Djiringanj people from the Yuin Nation. Please respect this land and culture by only riding and walking on formed tracks in a manner that has minimal impact.

PLEASE READ CAREFULLY

Important COVID 19 information

- **The event hub must operate under the rule one person per two square metres.**

OUR COVID SAFE EVENT STRATEGY* IS;

- If you, or your supporter are experiencing any COVID-related symptoms (such as a sore throat, cough or fever) PLEASE do not attend this event!
 - Practice social distancing across all event areas.
 - Hand sanitiser will be available at the event hub.

All participants, supporters, and volunteers are asked to use hand sanitiser and practice good personal hygiene.

- The event will be a mass start and participants are encouraged to socially distance themselves at this time.

All supporters and volunteers are asked to check in using the Service NSW QR code at the event hub.

- Event signage will be displayed prominently through the event.

(*Please note: The information above is based on the current Public Health Order. COVID guidelines may be updated by various NSW Government departments.)

REMEMBER:
**PRACTICE SOCIAL
DISTANCING
STAY HOME IF SICK
USE SANITISER**

The Tathra Mountain Bike Club would like to thank these organisations for their major sponsorship of our races.





And the



1. Event Hub (Event HQ)

Event Hub (Event HQ) Location

The event hub is located at the Tathra Country Club – one kilometre north of Tathra on the Tathra Bermagui Road. Tathra is 2hrs south of Batemans Bay. Travel time from Sydney is approximately 6 hours. Travel time from Canberra is approximately 3 hours.

The event hub opens 11.00am Saturday 12th June, with plate pickup available from 12.30pm to 1.30pm and closes Sunday 3.00pm

Emergency Contacts:

- Race Director 0493 077 341

Services:

Rider plate pickup BBQ area at the Club

Registration for all events is at the Event Hub at the Tathra Country Club.

Sponsor tents, coffee & food vans, BBQ, first aid and toilets are all at the Event Hub.

Toilets are located within The Tathra Country Club – which will be open from 6am on Sunday.

2. Parking

There is limited parking at the Tathra Country Club. It is less than 1.5km from Tathra Beach and Bike to the event hub by shared path. We would be grateful if participants rode to the start from their accommodation provider.

If necessary, there is limited parking at the Poo Ponds a short distance south of the event hub (follow your nose), and further limited parking a short distance north at Lions Park.

3. **Schedule of Events & costs**

- **Saturday 12th June,**

The **Dirt Groms Ride**

Registration: Online at [Race fixture - EntryBoss](#) or
at the event hub Tathra Country Club from
11.30am – 12.15pm

Briefing: 12.15pm

Start time: 12.30pm

Start/Finish: Tathra Beach Country Club oval

Cost:

Under 13 and Under 15's only \$10 per entrant.

Under 17 + only \$30 per entrant.

The Tathra Little Bottler Lap It Up race

Registration: Online at [Race fixture - EntryBoss](#) or
at the event hub Tathra Country Club from
12.00pm – 1.30pm

Briefing: 1.45pm

Start time: 2.00pm

Last lap cut off: 3.30pm

Presentations: 4:00pm

Start/Finish: Tathra Beach Country Club oval

Cost:

Under 13 and Under 15's only \$10 per entrant.

Seniors 17 + only \$30 per entrant.

- **Sunday 13th June,**



- **The 50km race**

Registration: Online only at [Race fixture - EntryBoss](#)

Start time: 10.00am

Last lap cut off: 1.00pm

Start/Finish: Tathra Beach Country Club oval

Cost:

Under 13 to U19 only \$50 per entrant

Under 23 + participants \$80 per entrant.

The



30km race

Registration: Online only at [Race fixture - EntryBoss](#)

Start time: 12

Start/Finish: Tathra Beach Country Club oval

Cost:

Under 13 to U15 only \$30 per entrant.

Under 17 + \$50 per entrant.

Both race presentations: 2.30pm

4.

A STRAVA MAP OF ALL COURSES HAVE BEEN POSTED ON THE EVENT WEBSITE

Course Maps

Maps of the course will be posted on the event website. You are advised to print these out. There will be maps on display at the Event Hub near the registration area. The course is well marked with tape and arrows. The course is marked with a combination of **bunting** tape and black on white, or red on white arrows and crosses. At all intersections there will be an arrow indicating the direction to travel followed by two pieces of confirmation pink flagging tape hung a short distance along the correct route. There will also be pink flagging tape at intervals on the route if there are no junctions. There will also be fluro marking paint on the ground when appropriate. There are regular distance signs. Make sure to keep a look out for the course markers. There are plenty of markers but if you don't pay attention you could go off the course.

Recommended Equipment

We recommend you carry the following items:

- Pump or CO₂ canister(s)
- Spare tube(s) or patches
- Chain breaker tool
- Spare chain quick links
- Lube
- Food and drink
- Sunscreen
- Mobile phone with the event Emergency Phone number and Operations Manager phone number saved (see Section 7)

Note that we will not run a taxi service to collect you if you simply have a flat tyre or a broken chain.

Emergency Vehicles. If an injured rider has to be evacuated, an emergency vehicle may have to move through the bush to conduct the evacuation. The Emergency Vehicle will have hazard lights and headlights on at all times. Riders should slow down to let the vehicle pass if required – or stop where directed by marshals.

Rubbish

Please do not throw your gel / bar wrapper or other rubbish on the course or around Tathra. There are bins at each of the feed stations. Shove your wrappers in your pockets or up your knicks until you get to the next feed station. Do not litter the forest. Some of the tracks we will be using are in National Park, State Forest and others are on private property so let's make sure we can return!

Toilets

There are toilets at the event hub, Mogareeka 2k from the start, again at Mogareeka 4K from the start (after the climb through Fords Farm, and at the Fireshed (15k and various other distances because the route returns past this point.

Mosquitoes

Sometimes there are mosquitoes at Tathra after wet and warmer weather. Come prepared with repellent just in case.

5. Event Safety

Stay in Control

This is a long event and contains single track as well as fire roads. There are technical sections and some fast downhill. Make sure you ride within your ability and that you are always in control: we don't want any injuries! Get off and walk if you need to. The trail can vary very quickly from smooth and fast to rough, rocky, rutted short steep mounds with narrow trees in the landing zone and sharp corners. There are water bars on some of the steep descents to control water run-off. These will be marked, but take care when negotiating these. No one water bar is shaped the same.

Take it easy, especially when you can't see very far ahead on downhill sections.

Road Safety

You will be riding on a combination of council dirt roads, forest roads and single track. These roads are **not** closed to other traffic so please ride on the left hand side of roads. Be aware and give way to trail bikes and cars. Be careful at all road crossings. **Obey** the road rules and any direction of traffic marshals.

The tracks in the National Parks could well have pedestrians. Be careful.

Refuge Areas and Evacuation Routes

Refuge areas are areas that are safe for groups to congregate in the case of bushfires or very strong winds. They are areas that have no ground fuel or tree cover for at least a 30m radius. The danger of bushfires is obvious however this year there should be no fire danger due to the recent rains. The danger of very strong winds is that large branches and even whole trees can fall down. The event can't be held in strong winds due to this very real danger. If wind conditions became dangerous during the event, course marshals would stop you at the next Refuge Area until it is either safe to continue or safe enough to follow an evacuation route or main dirt road out of the forest.

First Aid

A professional First Aid group will be providing first aid at the start, the feed stations and the finish. They will also provide mobile first aid services throughout the course. In addition, there is roaming first aid provided by local first aiders on MTB bikes. Please make way for these bikes if they come through the course.

If you pass an injured rider on the course, please stop to help them and report any incidents to the next marshal you see on the course. We will adjust your time accordingly at the finish so please keep track of the time you spend stopped. A team of sweepers will follow the last riders through the course. They will provide assistance to anyone in need, and divert riders home, should they miss the cut off times.

Emergency Instructions

In case of an incident please follow these steps. To report an incident you should attempt to make contact via step 1. If this is not successful move to step 2 and work your way through accordingly.

Minor Incidents: sprains, fatigue, non-urgent incidents and general reporting if you have safety concerns about the course.

1. Report to the next feed station or the next course marshal if you can't make the feed station. Non-urgent evacuations will be made from feed stations. Evacuations will be done when there are available resources.
2. Call HQ emergency mobile (see below). This phone is manned by the event First Aid Coordinator. This phone number will also be printed on your number plate.
3. Text HQ emergency mobile

4. Call or text event Operations Manager (see below)

Major Incidents: broken bones, snake bites, severe bleeding, heat exhaustion, hypothermia etc. Please immediately report any bush fire that you can see or smell to Event HQ (Operations Manager).

1. You or another cyclist need to provide the first response and injury management.
2. Call 000. If your phone doesn't have reception try 112 which works with all phone providers. Call the Race Director on 0493 077 341.
3. Text the race director.

Phone Reception

There is mobile phone coverage over some of the course. Reception goes in and out frequently over the whole course as you go onto ridges and down into gullies. Note that there is reception in Tathra but unfortunately, only with Telstra. We encourage all riders to carry a mobile phone on the course. If you need to make an emergency call and do not have reception just continue on the course uphill until the reception improves.

Withdrawing from the Event

If you need to withdraw from the event for any reason at all, you must report to the timing marshals at the event Hub. You need to tell the timing marshals that you have withdrawn from the event. This is extremely important for the safety operation of the event. Do not ride through the finish arch but instead go directly to the timing marshals who will be located beside the finish arch.

Insurance

Your race licence comes with some insurance cover. We recommend that you review this and have your own personal accident insurance and ambulance cover if required.

Warning

Please ensure that you are sufficiently skilled to undertake the event. The course is a combination of single track, fire road and a small amount of bitumen road. Some sections of the course are technical and there are some short tricky downhill sections. Ride within your limits and get off the bike and walk if you need to. Please ensure that you are fit enough to complete the event. It is a very physically demanding course with lots of steep climbs. Ensure that you are in good health and that you do not have any illness that will hinder your ability to complete the event. Make sure you keep well hydrated during the event and take some food and water with you.

6. Competitor Services

Food

The Event Hub will open from Saturday afternoon.

On Sunday, there will be a fundraising BBQ by Lions. The Tathra Country Club offers Chinese lunches and has a bar for the purchase of soft drinks. There are also numerous cafés and lunch spots at Tathra.

Bike Repairs and shop

Bike repairs and maintenance before the race is available from Tathra Beach and Bike located about 1.5km north of the event hub on the main road.

7. Race Results

Provisional race results will be posted on the Tathra MTB Club website (www.tathramtbclub.com and facebook) by Monday morning. If you have any queries about results please email us as soon as you can so we can address any issues before posting final results.

8. Event Rules

- Outside assistance is not permitted. This is a self-supported race.
- No littering
- You must wear an Australian standard cycling helmet.
- Your race number must be visible on the front of your bike at all times.
- Report to the finish timing marshals if you withdraw from the event but **DO NOT TRAVEL THROUGH THE FINISH ARCH.**

- Stay on the marked course. Short cuts are not permitted. If you get lost return to the last sighted race sign.
- Give way to emergency vehicles (cars and trail bikes) if they come through the course.
- You must obey directions of marshals if you miss any time cut-offs.
- Please assist riders on the course that have been badly injured and are in need of help. Pass on information to the next rider to notify marshals. Your time will be adjusted to account for time lost in providing help so keep track of the time you lose.
- Passing: those riders wanting to pass should yell "track left" to pass on the left or "track right" to pass on the right and wait for a safe place to pass. Please be considerate of other riders. Dangerous manoeuvres can result in disqualification.
- You must obey road rules.
- You must hand in a signed indemnity form at registration. You should have read and understood the indemnity form.

9. Presentation and Prizes

In 2021 – the Random prize draws will take place during the event. All winners will be posted on the event notice board. After your race – PLEASE CHECK IF YOU ARE A WINNER and show some ID to collect your prize.

The MAIN presentation the Essential Energy 30km and Tathra Beach and Bike 50km races will be at 2pm on the Sunday afternoon. All prizes will be awarded at the presentation. Prizes will be awarded to 1st, 2nd and 3rd place getters in each category. **However, there must be five entrants in each category before prizes will be awarded.**

There are also lots of special or spot prizes to be given away. If you are called up for a prize for placings or spot prizes, you or a representative need to be present to collect the prize. Prizes will not be posted out after the event.

REFUNDS AND CANCELLATIONS:

Please refer to the conditions provided when entering at EventBoss.

The Tathra Mountain Bike club would like to thank the following organisations and individuals for their sponsorship and time in making this race possible.

Tathra Beach and Bike

Essential Energy

Tathra Little Bottler

Bega Cheese

&

Tathra Beach Country Club.

Also,

Wild Ryes Coffee

Saucy Spices

Black Range Honey

Mitas Rubena

Tathra Bakery and Café

Ground Effects

Fat Tony's

Blend @ Tathra

Bendy Kates

Tathra Grocer Supermarket

Wild Orchid Café

The Gap

Direct Chemist Outlet

Mimosa Meats

Post office

Beach Break @ Tathra

Pizza's Up

Tathra Hotel

Coastlife ADVENTURES

Lake Crackenback Resort

Tathra Big 4

Tathra Beach House Appartments

The Pines' (Jane)

Kianinny Cabins

Bega Local Aboriginal Land Council

Clean Energy for Eternity

Bega Valley Shire Council

Mumbulla Foundation